



LUCY BYRNE

PROFESSIONAL SPEAKER AND FACILITATOR

- Keynote Speaker
- Facilitator
- Presenter
- Workshops
- Health sector
- Leadership
- Women in leadership
- Entrepreneurship
- Workplace health and wellbeing
- Public and Govt sector
- Not-for-Profit
- Community and education
- Community development
- Sport, recreation and leisure planning

TESTIMONIALS

"Lucy is the breath of fresh air that every conference needs!"

Engaging and informative, her warm style of delivery allows for audiences to contemplate and consider what's important to them and their colleagues, families, friends and connections. A strong communicator who commands presence on a conference stage of hundreds and provides a personal touch in a more intimate environment.

Lucy has the knack of (what I deem to be) 'positive manipulation' - she can entice the most reserved CEO to perform a yoga pose or the loudest disrupter to sit in contemplative silence. Above else, she's just a darn good person hell bent on making humanity kinder, healthier and happier"

Kim Millar

Kim Millar Communication

"Lucy was wonderful, entertaining, and it was so useful to see how a different approach within the same system can have an impact"

Delegate

"Lucy provided a positive and uplifting presentation showing the power of personal action"

Delegate

BIO

Lucy is a speaker, project manager, mentor, workshop facilitator, non-executive board director and provides strategic advice to a variety of clients from governments, to not-for-profits and community organisations to educational institutions and the corporate sector.

As a dual graduate and member of the Australian Institute of Company Directors, Lucy acts with integrity, has the ability to think critically, focuses strategically and is often praised for her communication style. Lucy has been published in peer-reviewed literature and presented her research at international conferences and represents the community on numerous boards and across the community and health sectors.

Lucy is very familiar with change and in fact, gets bored without it. She had almost 20 years as a public servant with local government, state government and the university in various roles focusing on health and systems improvement but is now the co-founder and Managing Director of a project management company that she developed with her sister Penny Terry.

Healthy Tasmania works with its partners on a wide range of projects to improve the individual, social and economic outcomes of communities - their motivation is to make communities and organisations thrive. Challenging traditional thinking and focusing on evidenced-based yet locally responsive co-designed outcomes is key to their approach. Lucy is best known for solving complex problems in their local context and is often told her passion and energy are infectious.

Lucy's presentations are always engaging, informative and interactive! Delegates won't get to sit still for long as Lucy get them thinking, moving and engaged. They'll leave committed to making a change in their communities.



LUCY BYRNE



HEALTHY TASMANIA

LUCY BYRNE

EXPERIENCE, AWARDS AND APPOINTMENTS

- Australian Institute of Company Directors 'Emerging Director' Award, 2022
- Moon-moong-gak Cultural Training - PIC/PWC, 2022
- Grassroots Governance: Alkas Consulting, 2022
- Rural Alive and Well: Non-executive Board Director, Governance, Finance Risk and Audit Committee, National Expansion Committee, 2021 - current
- Tasmanian Board of the Nursing and Midwifery Board of Australia (AHPRA) Non-Executive Board Director, 2021 – current
- WINNER: 'Excellence in Health' Launceston Chamber of Commerce Business Awards, 2022
- Hockey Tasmania: Non-Executive Board Director, Chair of Governance Committee, 2020 – 2022
- Headspace Launceston Consortium: Chair, 2018 - 2022
- Aust. Institute of Company Directors: Governance Foundations - 2021
- Trauma Informed Practise, 2020
- Mental Health First Aid, 2020
- Master of Biomedical Science (Research), 2018
- WINNER: 'Health Entrepreneur Award': Launceston Chamber of Commerce Business Excellence awards, 2018
- Northern Tas Development Corp: Non-executive Board Director, 2017 - 20
- Launceston Chamber of Commerce Community and Health Industry Committee: Committee Member, 2018 - current
- Australian Institute of Company Directors: Company Directors Course (Graduate & Member), 2017
- Managing Mental Health in the Workplace, 2017
- Telstra Business Woman of the Year Finalist, 2015
- Women Sport & Recreation Tas: Non-Executive Board Director, 2012 - 14
- Tasmanian Leaders Program, 2011
- WINNER: Vice Chancellors Award for Outstanding Community Engagement, University of Tasmania, December, 2009
- Advanced Diploma of Business Management, 2007
- PCYC Non-Executive Board Director, 2003
- Bachelor of Arts in Recreation Management, 2000
- WWVP 907522247
- WINNER: "STUDENT OF EXCELLENCE" in Recreation Management, Awarded by Parks and Leisure Australia, 2001

SPEAKING ENGAGEMENTS

- Local Government Professionals Australia: Tasmania Annual Conference, 2022
- Women and Leadership Australia, Annual Australian Women's Leadership Summit, 2022
- St.LukesHealth Women in Leadership Forum, 2021
- Tasmanian Leaders Program, 2019
- University of Tasmania Graduation, 'Occasional Speech', 2019
- National Rural Health Alliance, National Rural Health Conf, 2019
- Tasmanian Principles Association, Annual Conference, 2019
- University of Paderborn, Guest Lecturer - Germany, 2015
- International Health Promoting Universities Conference, Kelowna, Canada, 2015
- National Physical Activity Conference - 2014
- CO-OPS Collaboration of Community Based Obesity Prevention Sites, National Workshop, 2010
- International Congress on Obesity, Stockholm, Sweden, 2010
- AIESEP (International Assoc' for PE in Higher Ed') Global Conference, Florida, USA 2009
- National Physical Activity Conference, 2007
- National Tracks and Trails Conference, 2005

CONTACT

+61 409 937 421

lucy.byrne@healthytasmania.com.au

healthytasmania.com.au

LinkedIn: www.linkedin.com/in/lucy-byrne-gaica

Instagram: @healthytasmania

Facebook: @healthytasmania